

Screening Recommendations – Women and Non-binary Creatives

Film	Year	Country	Genre	Classification	Runtime	Behind the Camera	Synopsis (Letterboxd)	Trigger Warnings
Wadjda	2012	Saudi Arabia, Germany	Drama	PG	98 mins	Written and directed by Haifaa Al-Mansour	An enterprising Saudi girl signs on for her school's Quran recitation competition as a way to raise the remaining funds she needs in order to buy the green bicycle that has captured her interest.	No specific trigger warnings.
Hidden Figures	2016	USA	Drama	PG	127 mins	DOP, Mandy Walker	The untold story of Katherine G. Johnson, Dorothy Vaughan and Mary Jackson – brilliant African-American women working at NASA and serving as the brains behind one of the greatest operations in history – the launch of astronaut John Glenn into orbit. The visionary trio crossed all gender and race lines to inspire generations to dream big.	Depictions of racial discrimination accurate to the setting of 1961 North America.
Are You There God? It's Me, Margaret	2023	USA	Drama	PG	106 mins	Written and directed by Kelly Fremon Craig	When her family moves from New York City to New Jersey, an 11-year-old girl navigates new friends, feelings, and the beginning of adolescence.	No specific trigger warnings.
Whale Rider	2002	Germany, New Zealand	Drama	PG	101 mins	Written and directed by Niki Caro. Music composed by Lisa Gerrard.	A contemporary story of love, rejection, and triumph as a young Maori girl fights to fulfill a destiny her grandfather refuses to recognize.	Brief, crude language and a momentary drug reference.
Vessel	2014	USA	Documentary	PG	90 mins	Directed by Diana Whitten. Cinematography by Diana Whitten.	A fearless sea captain, Dr. Rebecca Gomperts, sails a ship through loopholes in international law, providing abortions on the high seas, and leaving in her wake a network of emboldened activists who trust women to handle abortion on their own terms.	High-emotion content. Factual stories about abortion.
News from Home	1976	Belgium, France, Germany	Documentary	U	89 mins	Written and directed by Chantal Akerman. Edited by Francine Sandberg.	Impersonal and beautiful images of Akerman's life in New York are combined with letters from her loving but manipulative mother, read by Akerman herself.	No specific trigger warnings.

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Promised Sky	2025	France, Tunisia, Egypt	Drama	12A	92 mins	Directed by Erige Sehiri. Screenplay by Anna Ciennik, Malika Cécile Loutai and Erige Sehiri. Produced by Didar Domehri and Erige Sehiri. DOP, Frida Marzouk.	Marie, Naney, and Jolie live together in Tunis, sheltering Kenza, a shipwreck survivor. As this unorthodox family forms, crises make each woman reconsider her place.	Some mature themes including immigration. Contains flashing images.
Time	2020	USA	Documentary	12A	81 mins	Directed by Garrett Bradley	Fox Rich, indomitable matriarch and modern-day abolitionist, strives to keep her family together while fighting for the release of her incarcerated husband. An intimate, epic, and unconventional love story, filmed over two decades.	Use of some strong language.
Rafiki	2018	Germany, Netherlands, Norway, France, USA, South Africa, Belgium	Drama	12A	82 mins	Directed by Wanuri Kahiu. Screenplay by Wanuri Kahiu and Jenna Cato Bass. Edited by Isabelle Dedieu.	Kena and Ziki long for something more. Despite the political rivalry between their families, the girls resist and remain close friends, supporting each other to pursue their dreams in a conservative society. When love blossoms between them, the two girls will be forced to choose between happiness and safety.	One instance of violence and depiction of conversion therapy.
Reality	2023	USA, UK	Thriller	12A	83 mins	Directed by Tina Satter. Based on the play by Tina Satter.	On June 3, 2017, 25-year-old Reality Winner returns from running errands to find two FBI agents at her home in Augusta, Georgia. An Air Force veteran and yoga instructor, Winner spends the next two hours being questioned about her work as an intelligence contractor – specifically, whether she leaked a classified document about Russian interference in the 2016 U.S. elections.	Mild language. Stressful interrogation scenes.

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The Breadwinner	2017	Canada, Ireland, Luxembourg, USA	Animated Drama	12A	94 mins	Directed by Nora Twomey. Written by Anita Doron and Deborah Ellis. Concept Artists, Rosa Ballester Cabo and Alice Dieudonné.	A headstrong young girl in Afghanistan, ruled by the Taliban, disguises herself as a boy in order to provide for her family.	Rated 12A for thematic material including some violent images.
The Blue Caftan	2022	Belgium, Denmark, France, Morocco	Drama	12A	122 mins	Written and directed by Maryam Touzani. Cinematography by Virginie Surdej.	A middle-aged tailor and his wife find their relationship challenged by the arrival of a handsome new apprentice.	Depictions of sex (not explicit) and depictions or smoking.
Past Lives	2023	USA, South Korea	Drama	12A	106 mins	Written and directed by Celine Song	After decades apart, childhood friends Nora and Hae Sung are reunited in New York for one fateful weekend as they confront notions of destiny, love, and the choices that make a life.	Rated 12A for some strong language.
Saint Omer	2022	France	Drama	12A	123 mins	Directed by Alice Diop. Written by Alice Diop, Amrita David, and Marie N'Diaye. Cinematography by Claire Mathon. Edited by Amrita David.	A novelist attends the trial of a woman accused of killing her 15-month-old daughter by abandoning her to the rising tide on a beach in northern France. But as the trial continues, her own family history, doubts, and fears about motherhood are steadily dislodged as the life story of the accused is gradually revealed.	High-emotion content. Discussion of death and infanticide.

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Dreams of a Life	2011	UK, Ireland	Documentary	12A	95 mins	Written and directed by Carol Morley. DOPs, Mary Farbrother and Lynda Hall.	A filmmaker sets out to discover the life of Joyce Vincent, who died in her bedsit in North London in 2003. Her body wasn't discovered for three years, and newspaper reports offered few details of her life - not even a photograph.	Some verbal references to sex and violence, no visuals.
Aftersun	2022	UK, USA	Drama	12A	101 mins	Written and directed by Charlotte Wells	Sophie reflects on the shared joy and private melancholy of a holiday she took with her father twenty years earlier. Memories fill the gaps between camcorder footages as she tries to reconcile the father she knew with the troubled man she didn't.	High-emotion content. Discussion of sex and some strong language.
Passing	2021	Canda, UK, USA	Drama	12A	98 mins	Written and directed by Rebecca Hall. Edited by Sabine Hoffman.	In 1920s New York City, a Black woman finds her world upended when her life becomes intertwined with a former childhood friend who's passing as white.	Rated 12A for thematic material, some racial slurs and smoking.
An Education	2009	UK	Drama	12A	100 mins	Directed by Lone Scherfig. Produced by Finola Dwyer and Amanda Posey. Line Prodcuer, Caroline Levy.	Despite her sheltered upbringing, Jenny is a teen with a bright future; she's smart, pretty, and has aspirations of attending Oxford University. When David, a charming but much older suitor, motors into her life in a shiny automobile, Jenny gets a taste of adult life that she won't soon forget.	Rated 12A for mature thematic material involving sexual content, and for smoking.

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I Am Not a Witch	2017	France, Germany, UK Zambia	Drama	12A	93 mins	Debut film by writer and director Rungano Nyoni, Executive Producer, Mary Burke.	Convicted of witchcraft, 8-year-old Shula is brought to live in a penal colony where witches do hard labour in service of the government.	Threat of violence, animal cruelty (offscreen), ceremonial cutting (mild visuals).
Nomadland	2020	USA	Drama	12A	108 mins	Directed and edited by Choé Zhao. Written by Chloé Zhao and Jessica Bruder. 1st AD, Mary Kerrigan.	A woman in her sixties embarks on a journey through the western United States after losing everything in the Great Recession, living as a van-dwelling modern-day nomad.	Some depictions of nudity and depictions of smoking.
Shirkers	2018	UK, USA	Documentary	12	97 mins	Written and directed by Sandi Tan, Cinematography by Iris Ng,	In 1992, teenager Sandi Tan shot Singapore's first indie road movie with her enigmatic American mentor Georges – who then vanished with all the footage. Twenty years later, the 16mm film is recovered, sending Tan, now a novelist in Los Angeles, on a personal odyssey in search of Georges' vanishing footprints.	Mild language and depictions of smoking. Loose threat references.
Tótem	2023	Denmark, France, Mexico	Drama	12	95 mins	Written and directed by Lila Avilés.	In a bustling Mexican household, seven-year-old Sol is swept up in a whirlwind of preparations for the birthday party for her father, Tona, led by her mother, aunts, and other relatives. As the day goes on, building to an event both anticipated and dreaded, Sol begins to understand the gravity of the celebration this year and watches as her family does the same.	Depictions of drinking to excess.
Daughters	2024	USA	Documentary	12	108 mins	Directed by Angela Patton and Natalie Rae. Composer, Kelsey Lu.	Four young girls prepare for a special Daddy Daughter Dance with their incarcerated fathers, as part of a unique fatherhood program in a Washington, D.C., jail.	High-emotion content. Some strong language.

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House of Hummingbird	2018	South Korea	Drama	15	135 mins	Written and directed by Kim Bo-ra, produced by Kim Bo-ra and Zoe Sua Co, Edited by Zoe Sua Cho.	14-year-old Eun-hee moves through life like a hummingbird searching for a taste of sweetness wherever she may find it. Ignored by her parents and abused by her brother, she finds her escape by roaming the neighborhood with her best friend, going on adventures, and exploring young love.	Depictions of rebellious behaviour (smoking, shoplifting, swearing). Offscreen references to sexual abuse, depictions of domestic violence.
Babyteeth	2019	Australia	Drama	15	118 mins	Directed by Shannon Murphy and written by Rita Kalnejais. Produced by Vanessa Brown, Jan Chapman, and Alex White. Composer, Amanda Brown.	A terminally ill teen upsets her parents when she falls in love with a small-time drug dealer.	Depictions of drug use, some strong language, mild depictions of sexual activity.
Saint Maud	2019	UK	Horror, Drama	15	85 mins	Written and directed by Rose Glass. Executive Producer, Mary Burke.	Having recently found God, self-effacing young nurse Maud arrives at a plush home to care for Amanda, a hedonistic dancer left frail from a chronic illness. When a chance encounter with a former colleague throws up hints of a dark past, it becomes clear there is more to sweet Maud than meets the eye.	Extreme violence, jumpscare and scenes of an upsetting nature. Depictions of religion that some may find upsetting. Depictions of sex and strong language.
Sorry, Baby	2025	USA, Spain, France	Drama	15	104 mins	Written, directed and starring Eva Victor. Composer, Lia Ouyang Rusli. Cinematographer, Mia Cioffi Henry.	Agnes feels stuck. Unlike her best friend, Lydie, who's moved to New York and is now expecting a baby, Agnes still lives in the New England house they once shared as graduate students, now working as a professor at her alma mater. A 'bad thing' happened to Agnes a few years ago and, since then, despite her best efforts, life hasn't gotten back on track.	Detailed depictions of sexual violence, some strong language. Depiction of an injured animal (killed offscreen).

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Blue Jean	2022	UK	Drama	15	97 mins	Written and directed by Georgia Oakley, edited by Izabella Curry, 2nd AD, Joana Magalhães.	Jean, a PE teacher, is forced to live a double life. When a new student arrives and threatens to expose her sexuality, Jean is pushed to extreme lengths to keep her job and her integrity.	Depictions of sexual acts and some nudity. Some strong language and homophobic language. Depictions of smoking and drinking.
Lady Macbeth	2016	UK	Drama	15	86 mins	Cinematographer, Ari Wegner	Rural England, 1865. Katherine, suffocated by her loveless marriage to a bitter man and restrained by his father's tyranny, unleashes an irresistible force within her, so powerful that she will stop at nothing to get what she wants.	Strong language and some depictions of nudity. Some violent scenes with a scene involving a baby some audiences may find upsetting.
The Levelling	2016	UK	Drama	15	83 mins	Written and directed by Hope Dickson Leach, Cinematography by Nanu Segal, Production Management by Monika Kasprzak.	Clover is finishing a veterinary course when her brother dies and she is called home to her family's struggling Somerset farm.	Some mild nudity. Depiction of injured animals and animals killed offscreen. Reference to suicide and death throughout.
Mudbound	2017	USA	Drama, War	15	135 mins	Rachel Morrison became the first woman nominated for an Academy Award for Best Cinematography for her work on Mudbound. Directed by Dee Rees, Music Composed by Tamar-kai, Edited by Mako Kamitsuna.	In the post-World War II South, two families are pitted against a barbaric social hierarchy and an unrelenting landscape as they simultaneously fight the battle at home and the battle abroad.	Strong depictions of physical violence and racially motivated violence. One scene of an animal being killed (offscreen). Some nudity. Frequent use of racist language.

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One Child Nation	2019	France, Germany, USA	Documentary	15	88 mins	Directed by Nanfu Wang and Zhang Lynn. Edited by Nanfu Wang.	Through interviews with both victims and instigators, Nanfu Wang, a first-time mother, breaks open decades of silence on a vast, unprecedented social experiment that shaped – and destroyed – countless lives in China.	Disturbing imagery of infanticide.
Good One	2024	USA	Drama	15	90 mins	Written and directed by India Donaldson. Composer, Celia Hollander.	On a weekend backpacking trip in the Catskills, 17-year-old Sam contends with the competing egos of her father and his oldest friend.	Some mature themes and mild language.
Girls Will Be Girls	2024	France, India, Norway	Drama	15	119 mins	Written and directed by Shuchi Talati. Cinematography by Jih-E Peng, Edited by Amrita David.	In a strict boarding school nestled in the Himalayas, 16-year-old Mira discovers desire and romance. But her sexual, rebellious awakening is disrupted by her mother who never got to come of age herself.	Some strong language and depictions of sex, nothing graphic in nature.
Tiger Stripes	2023	France, Germany, Indonesia, Malaysia, Netherlands, Singapore, Taiwan	Horror, Drama	15	95 mins	Written and directed by Amanda Nell Eu	A carefree student at an all-girls school shows unusual symptoms when she begins puberty, forcing her to grapple with a mysterious and visceral power.	Some depictions of gore.

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Bottoms	2023	USA	Comedy	15	91 mins	Written by Emma Seligman and Rachel Sennott. Directed by Emma Seligman. Cinematography by Maria Rusche, Edited by Hanna Park.	Unpopular best friends PJ and Josie start a high school self-defense club to meet girls and lose their virginity. They soon find themselves in over their heads when the most popular students start beating each other up in the name of self-defense.	Gratuitous violence, though portrayed through a comedy lens. Strong language, homophobic language, and jokes that some audiences may find offensive.
Rye Lane	2023	UK, USA	Comedy	15	82 mins	Directed by Raine Allen-Miller. Edited by Victoria Boydell.	Two twenty-somethings, both reeling from bad break-ups, connect over the course of an eventful day in South London – helping each other deal with their nightmare exes, and potentially restoring their faith in romance.	Use of strong language and references to sex.
Girl Picture	2022	Finland	Drama	15	100 mins	Directed by Alli Haapasalo. Written by Ilona Ahti and Daniela Hakulinen. Produced by Inka Hietala, Leila Lyytikäinen and Elina Pohjola.	Best friends Mimmi and Rönkkö support each other unconditionally. They want to live adventurous lives, loaded with experiences and passion. Emma on the contrary has given her whole life to figure skating. Nothing gets between her and success. But when the girls meet, life opens whole new paths, and they all rocket in new directions. While Mimmi and Emma experience the earth moving effects of first love, Rönkkö is on a quest to find pleasure. Three Fridays is all it takes to turn their worlds upside down.	Use of strong language and references to sex.
Nanny	2022	USA	Horror, Drama	15	98 mins	Written and directed by Nikyatu Jusu. Cinematography by Rina Yang. Music composed by Tanerêlle.	Aisha, a Senegalese immigrant who takes a job as a nanny for a wealthy white family in New York City, finds herself consumed by unsettling visions and a growing rage.	Distressing scenes involving drowning. Some strong language and brief nudity.

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War Pony	2022	UK, USA	Drama	15	114 mins	Directed by Gina Gammell and Riley Keough	The interlocking stories of two Lakota boys growing up on Pine Ridge Reservation. At 23, Bill just wants to make something of himself. Meanwhile, 12-year-old Matho can't wait to become a man. Bound by their shared search for belonging, each of the boys grapple with identity, family, and loss, as they navigate their unique paths to manhood.	Strong language throughout. Strong frequent drug misuse, alcohol consumption and anti-social behaviour by children. Some violent scenes including domestic abuse. Moderate sex references.
The Novice	2021	USA	Psychological Thriller	15	97 mins	Written and directed by Lauren Hadaway. 1st AD, Lauren Walsh-Greene.	A college freshman joins her university's rowing team and undertakes an obsessive physical and psychological journey to make it to the top varsity boat, no matter the cost.	Rated 15 for strong language, some sexuality and brief disturbing material. Depictions of self-harm.
Hive (Zgjoj)	2021	Albania, Kosovo, North Macedonia, Switzerland	Drama	15	84 mins	Written and directed by Blerta Basholli	Fahrije's husband has been missing since the war in Kosovo so she sets up her own small business to provide for her kids, but as she fights against a patriarchal society that does not support her, she faces a crucial decision: to wait for his return, or to continue to persevere.	Threat of sexual violence. There is moderate bad language and milder terms. There are references to discrimination, including ethnic conflict.
Monsoon Wedding	2001	France, Germany, Italy, USA, India	Romance	15	114 mins	Directed by Mira Nair. Written by Sabrina Dhawan. Produced by Caroline Baron and Mira Nair. Edited by Allyson C. Johnson	A stressed father, a bride-to-be with a secret, a smitten event planner, and relatives from around the world create much ado about the preparations for an arranged marriage in India.	Rated 15 for strong language, including some sex related dialogue

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Portrait of a Lady on Fire	2019	France	Drama	15	121 mins	Written and directed by Céline Sciamma. Cinematography by Claire Mathon.	On an isolated island in Brittany at the end of the eighteenth century, a female painter is obliged to paint a wedding portrait of a young woman.	Rated 15 for some nudity and sexuality, scenes involving abortion.
Die My Love	2025	USA	Drama	15	119 mins	Directed by Lynne Ramsey. Screenplay by Lynne Ramsey, Enda Walsh and Alice Birch.	After inheriting a remote Montana house, Jackson moves there from New York with his partner Grace, and the couple soon welcome a child. As Jackson becomes increasingly absent and rural isolation sets in, Grace struggles with loneliness, creative frustration, and unresolved emotional wounds. What begins as an attempt at renewal gradually turns into an intense psychological descent, placing strain on their relationship and exposing the fragile balance between love, identity, and motherhood.	Rated 15 for sexual content, graphic nudity, language, and some violent content. Depictions of self-harm and animal death.
Red	2020	Japan	Drama	15	123 mins	Directed by Yukiko Mishima. Written by Chihiro Ikeda and Tukiko Mishima.	A married woman with a lovely daughter lives a carefree life, until she meets her ex-lover at a friend’s wedding. They haven’t seen each other in ten years, but they begin an affair.	Depictions of domestic violence, sexual scenes and use of strong language.
Love Lies Bleeding	2024	UK, USA	Thriller	15	104 mins	Directed by Rose Glass. Written by Rose Glass and Weronika Tofilska.	Reclusive gym manager Lou falls hard for Jackie, an ambitious bodybuilder headed through town to Las Vegas in pursuit of her dream. But their love ignites violence, pulling them deep into the web of Lou’s criminal family.	Rated 15 for violence and grisly images, sexual content, nudity, strong language throughout and drug use.



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Alma's Rainbow	1994	USA	Drama	15	85 mins	Written and directed by Ayoka Chenzira. Edited by Lillian Benson.	The teenage daughter of a Brooklyn beauty-parlor owner blossoms under the influence of her recently-retuned show-biz aunt.	Mild bad language. Depictions of sex. Brief nudity and instance of discrimination.
Beans	2020	Canada	Drama	15	92 mins	Directed by Tracey Deer. Screenplay by Tracey Deer and Meredith Vuchnich. Cinematography by Marie Davignon. Edited by Sophie Farkas Bolla.	Twelve-year-old Beans is on the edge: torn between innocent childhood and reckless adolescence; forced to grow up fast and become the tough Mohawk warrior she needs to be during the Oka Crisis, the turbulent Indigenous uprising that tore Quebec and Canada apart for 78 tense days in the summer of 1990.	Strong language use, scenes of violence and mature themes including racism.
Professor Marston and the Wonder Women	2017	USA	Drama	15	108 mins	Written and directed by Angela Robinson	The unconventional life of Dr. William Marston, the Harvard psychologist and inventor who helped invent the modern lie detector test and co-created Wonder Woman in 1941.	Depictions of sexual acts, including BDSM, with some nudity. Use of strong language.
Hedda	2025	USA	Drama	15	107 mins	Directed by Nia DaCosta. Screenplay by Nia DaCosta. Composer, Hildur Guðnadóttir.	Hedda Gabler finds herself torn between the lingering ache of a past love and the quiet suffocation of her present life. Over the course of one charged night, long-repressed desires and hidden tensions erupt—pulling her and everyone around her into a spiral of manipulation, passion, and betrayal.	Strong language and moderate violence. Frequent references to sex and discrimination.

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I Used to Be Funny	2023	Canada	Drama	15	106 mins	Written and directed by Ally Pankiw. Composer, Ames Bessada. Cinematography by Nina Djacic.	Sam, an aspiring stand-up comedian and au pair struggling with PTSD, weighs whether to join the search for Brooke, a missing teenage girl she used to nanny. The story unfolds between the present—where Sam tries to recover from her trauma and return to the stage—and the past, where memories of Brooke make it increasingly difficult to ignore her sudden disappearance.	Frequent use of strong language and depictions of drug use. Distressing references to rape (not directly shown) which audiences may find upsetting.
All We Imagine As Light	2024	India, France, Luxembourg, Netherlands, Italy	Drama	15	118 mins	Written and directed by Payal Kapadia.	In Mumbai, Nurse Prabha's routine is troubled when she receives an unexpected gift from her estranged husband. Her younger roommate, Anu, tries in vain to find a spot in the city to be intimate with her boyfriend. A trip to a beach town allows them to find a space for their desires to manifest.	Occasional strong language. Mild nudity and depictions of sex.
Bird	2024	France, UK, USA	Drama	15	119 mins	Written and directed by Andrea Arnold	12-year-old Bailey lives with her single dad Bug and brother Hunter in a squat in North Kent. Bug doesn't have much time for his kids, and Bailey, who is approaching puberty, seeks attention and adventure elsewhere.	Disturbing scenes of domestic violence. Death of an animal (offscreen). Depictions of drug use and frequent use of strong language. Overall upsetting themes.
Shiva Baby	2020	USA	Drama	15	78 mins	Written and directed by Emma Seligman. Composer, Ariel Marx. Cinematography by Maria Rusche. Edited by Hanna Park.	College student Danielle must cover her tracks when she unexpectedly runs into her sugar daddy at a shiva - with her parents, ex-girlfriend and family friends also in attendance.	Strong themes and discussions of sex without graphic visuals. References to eating disorders. Frequent use of strong language.

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I Saw the TV Glow	2024	USA	Horror, Drama	15	100 mins	Written and directed by Jan Schoenbrum. Edited by Sofi Marshall.	Teenager Owen is just trying to make it through life in the suburbs when his classmate Maddy introduces him to a mysterious TV show – a vision of a supernatural world beneath their own. In the pale glow of the television, Owen’s view of reality begins to crack.	Rated 15 for violent content, some sexual material, thematic elements and teen smoking. References to self-harm.
But I'm a Cheerleader	1999	USA	Comedy	15	85 mins	Directed by Jamie Babbit. Edited by Cecily Rhett.	Megan is an all-American girl. A cheerleader. She has a boyfriend. But Megan doesn’t like kissing her boyfriend very much. And she’s pretty touchy with her cheerleader friends. Her conservative parents worry that she must be a lesbian and send her off to “sexual redirection” school, where she must, with other lesbians and gays learn how to be straight.	Themes of homophobia, including use of homophobic language. References to sexual acts (no nudity). Some strong language. Scenes of conversion therapy.
The Souvenir	2019	UK, USA	Drama	15	119 mins	Written and directed by Joanna Hogg. Edited by Helle le Fevre.	A shy but ambitious film student falls into an intense, emotionally fraught relationship with a charismatic but untrustworthy older man.	Rated 15 for some sexuality, graphic nudity, drug material and strong language.
Booksmart	2019	USA	Comedy	15	102 mins	Directed by Olivia Wilde. Written by Emily Halpern, Sarah Haskins, Susanna Fogel, and Katie Silberman.	Two academic teenage superstars realize, on the eve of their high school graduation, that they should have worked less and played more. Determined to never fall short of their peers, the girls set out on a mission to cram four years of fun into one night.	Rated 15 for strong sexual content and language throughout, drug use and drinking



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I Wish You All the Best	2024	USA	Drama	15	93 mins	Written and directed by Tommy Dorfman. Edited by Sarah Beth Shapiro.	A non-binary teen is kicked out of their North Carolina home after coming out to their ultra-religious parents. As a result, they move in with their estranged sister and her husband. Though the two are welcoming, they continue to struggle with anxiety further exacerbated by their parents’ rejection. As such, they try to keep a low profile at school. However, after they meet a proudly bisexual classmate, their life begins to look a little more hopeful.	Rated 15 for strong language, sexual content, and teen drug and alcohol use.
Raw	2016	France	Horror, Drama	18	98 Mins	Written and directed by Julia Ducournau.	In Justine’s family everyone is a vet and a vegetarian. At 16, she’s a gifted teen ready to take on her first year in vet school, where her older sister also studies. There, she gets no time to settle: hazing starts right away. Justine is forced to eat raw meat for the first time in her life. Unexpected consequences emerge as her true self begins to form.	Bloody and grisly images, strong sexuality, nudity, language and drug use/partying.
The Neon Demon	2016	USA, Denmark, France, Belgium	Drama	18	118 mins	DOP, Natasha Braier	When aspiring model Jesse moves to Los Angeles, her youth and vitality are devoured by a group of beauty-obsessed women who will take any means necessary to get what she has.	Disturbing imagery and extreme violence. Some sexual references and nudity.
Ponyboi	2024	USA	Drama	18	103 mins	Written by River Gallo. Edited by Hanna Park.	Unfolding over the course of Valentine’s Day in New Jersey, a young intersex sex worker must run from the mob after a drug deal goes sideways, forcing him to confront his past.	Rated 18 for strong sexual content, nudity, drug use, pervasive language and some violence.

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Velvet Goldmine	1998	UK, USA	Drama	18	123 mins	Cinematographer, Maryse Alberti	Almost a decade since larger-than-life glam-rock enigma Brian Slade disappeared from public eye, an investigative journalist is on assignment to uncover the truth behind his former idol.	Strong use of nudity and depictions of sex. Strong language and frequent depictions of drug use.
Brainwashed: Sex-Camera-Power	2022	USA	Documentary	18	107 mins	Written and directed by Nina Menkes. Composer, Sharon Farber. Cinematographer, Shana Hagan. Edited by Cecily Rhett.	Investigates the politics of cinematic shot design, and how this meta-level of filmmaking intersects with the twin epidemics of sexual abuse/assault and employment discrimination against women, with over 80 movie clips from 1896 - 2020	Sex scenes, sexual violence, nudity and offensive language.
The Chronology of Water	2025	USA, France, Latvia, Switzerland	Drama	18	128 mins	Written and directed by Kristen Stewart. Composer, Paris Hurley. Edited by Olivia Neergaard-Holm.	Plagued by an abusive childhood, a woman finds escape in competitive swimming, sexual experimentation, toxic relationships, and addiction before ultimately finding her voice through writing.	Strong sex scenes and nudity. Scenes of domestic abuse and references to child sexual abuse (not directly shown). Frequent strong language use. Depictions of drug use and self-harm.
All the Beauty and Bloodshed	2022	USA	Documentary	18	122 mins	Directed by Laura Poitras. Photography by Nan Goldwin.	The life of internationally renowned artist and activist Nan Goldin is told through her slideshows, intimate interviews, ground-breaking photography, and rare footage of her personal fight to hold the Sackler family accountable for the overdose crisis.	Frequent nudity and images of sex. Themes of death and domestic violence throughout. Overall upsetting themes including drug use, mental/physical illness and discrimination.